

**Hi Playball Family!**

**As we aren't able to do our classes, we are bringing Playball to your home!**

**Playball has created a fantastic @Home Curriculum. Each week we will send you lesson plans and videos for your child to do at home.**

**Before every Playball class, our coaches watch a video of all the skills they are going to teach, as well as go through our coaching system which we call Coaching Cards.**

**As an honorary Playball Coach, we would like you to do the same. Attached are the coaching a cards for this week and below is a link to the videos.**

**No time right now, add a reminder, your kids will ty...AND...CHECK OUT THE SPORTY...**



**COLORING BOOK**

**WORD SEARCH**

**PUZZLE**

# **FOR the @Home Playball Lessons...**

Please select the link below and use the password Sportyw1

<http://vimeo.com/showcase/6894835>

## **LESSON 1**

### **I CAN DO (2+ yrs)**

- [Lesson 1 Coaching Card](#)

**Video Link: Lesson 1**

**Password: Sportyi1**

### **WATCH ME PLAY (3+ yrs)**

- [Lesson 1 Coaching Card](#)
- [Video Link: Lesson 1](#)
- **Password: Sportyw1**

### **DINKIES (4+ yrs)**

- [Lesson 1 Coaching Card](#)
- [Video Link: Lesson 1](#)
- **Password: Sportyd1**

### **PREPS (5+ yrs)**

- [Lesson 1 Coaching Card](#)
- [Video Link: Lesson 1](#)
- **Password: Sportyp1**

### **PLAYERS (6+ yrs)**

- [Hockey](#)
- [Rugby](#)
- [Soccer](#)